

**2007 New Jersey State Optimist Championship**  
**June 25 – June 26, 2007**  
**Island Heights Yacht Club**  
**Hosted by Gilford Park Yacht Club**  
**Toms River, NJ**

**Sailing Instructions**

**1 RULES**

- 1.1 The regatta will be governed by the “rules” as defined in the Racing Rules of Sailing (“rules”). The “class rules” for the purposes of the definition of “rules” are the International Optimist Dinghy Association Class Rules, subject to USODA’s interim suspension until March 1, 2006, of class rules 3.3.6 and 3.4.6.
- 1.2 For the purposes of these Sailing Instructions, a “race” is a race between two divisions, and a “Set” is a group of scored races in which all divisions compete, as indicated on Appendix 2 to these Sailing Instructions. For example, if there are four(4) divisions, a “Set” would be two (2) scored races in which all divisions have competed in one race.

**2 FORMAT OF THE CHAMPIONSHIP**

- 2.1 The Race Committee may divide the fleet into divisions, and each boat will be assigned to a division.
- 2.2 The division of the boats will be done by computer program at random as soon as possible. After the division is completed, the race committee shall provide each boat a colored ribbon with the color of her division.
- 2.3 The division flags shall be displayed in place of Class Flags for all purposes, including without limitation rule 26 (Starting Races) and Sailing Instruction 5 (Signals Made Ashore; Launching). While on the water, each boat shall at all times display the colored ribbon with the color of her division attached securely to the top of the boat’s sprit.
- 2.4 Appendix 2 to these sailing instructions shows the schedule of starts for the races. No more than four (4) Sets, plus the balance of any Set from any previous day which was started and was not completed, will be sailed in any one day.

**3 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located at the northern end of the parking lot near the club house.

**4 CHANGES TO SAILING INSTRUCTIONS**

Any change to these sailing instructions will be posted before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.

**5 SIGNALS MADE ASHORE; LAUNCHING**

- 5.1 Signals made ashore will be displayed on the flagpole, in front of the main club building, or on the tallest sailboat mast in the harbor visible from the bay.
- 5.2 When code flag D is displayed with one sound signal, boats may launch and proceed directly to the racing area. Boats shall not launch until that signal.
- 5.3 When flag AP is displayed, “1 minute” is replaced with “not less than 30 minutes” in Race Signal AP.

**6. SCHEDULE OF RACES**

6.1 The warning signal scheduled each day as follows:

- |                  |                                                                                                                                                                                                                                                   |
|------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Monday, June 25  | Harbor start will be at 1045.<br>Warning Signal 1130 for the first race of the day.<br>Additional races to follow depending on sailing conditions. No warning signal for the first start of a Set will be signaled after 1630 on Monday, June 25. |
| Tuesday, June 26 | Harbor start will be at 0900.<br>Warning Signal 0945 for first race of the day;<br>Additional races to follow depending on sailing conditions.<br>No warning signal for the first start of a Set will be signaled after 1500 on Tuesday, June 26. |

6.2 There will be skippers meeting on Monday June 25<sup>th</sup> at 1000 in front of the notice board. There will be a skippers meeting at 0830 on Tuesday June 26<sup>th</sup> in front of the notice board.

6.3 There will be mandatory coach and safety boat meeting on Monday at 0945 in front of the notice board. On Tuesday there will be a coach and safety boat meeting in front of the notice board at 0815.

**7 RACING AREA** The racing area will be the Wanamaker Course at the mouth of the Toms River. The exact location of the course will depend on specific wind conditions.

**8 THE COURSE** The diagram in Appendix 1, Race Course, of these sailing instructions shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on the sailing conditions.

**9 MARKS** The starting marks shall be the race committee signal boat at the starboard end and the race committee line set boat at the port end of the starting line. Marks 1, 2, and 3G will be large yellow balls. The finishing marks shall be the race committee main finish boat at the starboard end of the finish line and a race committee boat at the port end of the finish line.

#### **10 CHANGE OF COURSE; ABANDONING RACES.**

10.1 When a course is changed pursuant to rule 33, the old mark will be removed and replaced with a yellow ball with a black rectangle on it. During the race, marks may be repositioned without signal for minor changes in course. This changes rule 33.

10.2 The Race Committee may abandon a race by displaying code flag "N", "N" over "H," or "N" over "A" with three (3) sounds or a verbal hail. This changes the Race Signals and rule 32.1.

#### **11 THE START**

11.1 Starts will be pursuant to rule 26.

11.2 Appendix 2, Starting Schedule, of the sailing instructions will show the division pairings for each race of each Set if there are divisions. This will be determined before Monday June 25<sup>th</sup> and will be handed out at the skippers meeting if necessary.

11.3 The starting line will be between staffs displaying orange flags on the starting marks. The display of the orange starting line flag on the race committee signal boat means that the warning signal for the first race in a Set will be in approximately four (4) minutes.

11.4 After the starting line flag is displayed on the race committee signal boat, boats shall not be in the starting area unless (i) the boat is in the next race to start, and (ii) the race committee signal boat displays code flag "F." The "starting area" is defined as extending approximately 50 feet beyond the ends of the starting line to buoys and back to the line formed by 3-4 buoys approximately 75 feet behind the starting line. This changes rule 22.1.

11.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A5 and 35.

11.6 If flag "I" and/or "Z", or the black flag has been displayed, the Race Committee may attempt to hail the sail number(s) of boats on the course side of the starting line or its extension during the minute before her starting signal. Failure of the Race Committee to hail, failure of the amplification system, the order of the hail, or failure of a boat to hear a hail shall not be grounds for granting redress. This changes rules 41 and 62.1.

**12 THE FINISH** The finish line will be between staffs displaying orange flags on the finish marks. The Race Committee may attempt to make a sound signal when the first boat in each race sails the course as required by rule 28.1 and finishes. Failure of the Race Committee to make such a signal or an error in making such a signal shall not be grounds for granting redress. This changes rules 41 and 62.1.

#### **13 RETURN TO STARTING AREA**

13.1 Boats that have finished shall immediately sail to windward of the race committee finish boats, leave these boats to starboard, immediately return directly to the leeward side of the starting area via the corridor defined in Appendix 1 to these sailing instructions, keeping well clear of all boats racing. This changes rule 22.1.

13.2 Coach boats may be in the corridor defined in Appendix 1, while keeping clear of all boats racing, for the sole purpose of communicating with its non-racing boats in transit from the finish line to the leeward side of the starting area. Coach boats shall stay well to windward of the starboard lay line of the last leg.

#### **14 APPENDIX P, JUDGES**

14.1 There will be no judge boats on the water. However, if the race committee observes an infraction and no penalty turn is done, it may in its sole and non-reviewable discretion initiate a protest against that competitor. It is strongly encouraged that competitors do their penalty turn(s) for every infraction.

**15 TIME LIMITS** The time limit of rule 35 shall apply separately to each race. The time limit shall be 90 minutes for the first boat in a race to sail the course as required by rule 28.1 and finish. Boats failing to finish within 25 minutes

after the first boat in her race to sail the course as required by rule 28.1 and finish will be scored Did Not Finish without a hearing. This changes rules 35, A4.1.

## **16 PROTESTS, PENALTIES, AND REQUESTS FOR REDRESS**

- 16.1 A boat intending to protest shall display a red flag. This changes rule 61.1(a)(2).
- 16.2 Boats intending to protest shall, in addition to the notice required by rule 61.3 and sailing instruction 16.3, immediately upon finishing proceed to and notify the race committee member on the starboard finish boat at the completion of the pertinent race of her intention to protest, including the sail number of the boat(s) being protested. Wait until a time when a pack of boats are not crossing the finish line before doing this. This changes rules 61.1(a) and 61.3.
- 16.3 Protests shall be delivered to the designated jury representative at the designated "Judges' Area" inside the main club building, not later than 30 minutes after the race committee signal boat docks. The race committee will post the time of the docking on the official notice board as soon as practical. This changes rule 61.3.
- 16.4 Notices will be posted on the official notice board within 30 minutes after the protest time limit or as soon thereafter as practical to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Judges' Area. Such posting constitutes the notification required in rule 63.2.
- 16.5 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under rule 61.1(b).
- 16.6 A list of boats that have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted before the protest time limit or as soon thereafter as practical.
- 16.7 Protests will be heard in approximately the order posted as soon as practical after the expiration of the protest time limit. Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Judges' Area. The helmsman shall represent the boat. This changes rule 63.3(a).
- 16.8 Requests for redress relating to possible scoring errors or starting penalties will be treated initially as a "scoring review" with appropriate members of the race committee before being considered as a request for redress by the protest committee. This changes rule 63.1.
- 16.9 On the last day of the regatta a request for reopening a hearing shall be delivered (a) within the protest time limit if the party requesting reopening was informed of the decision before that day; or (b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes rules 62.2 and 66.
- 16.10 A breach of sailing instructions 2.3, 5.2, 11.4, 13, 18, 19.3, 19.4, 20, and 21 cannot be protested by a boat. This changes rule 60.1(a). Except as may be stated in any of those instructions or subparts thereof, the penalty for breaches of those sailing instructions shall be a 10% scoring penalty for the first infraction of any of them, 20% for the second infraction of any of them, 30% for the third infraction, and increasing according to the same progression for subsequent infractions.
- 16.11 Scoring penalties shall be calculated pursuant to rule 44.3(c), except "number of boats entered" is replaced with "the number of boats registered and checked-in in the two largest divisions." This changes rule 44.3(c).
- 16.12 As stated in the Racing Rules of Sailing, a protesting boat shall notify the other competitor as soon as possible using words such as "protest" or "do your circles". This changes rule 61.1A.

## **17 SCORING**

- 17.1 The number of Sets scheduled is expected to be between six (6) and nine (9), of which one (1) Set must be completed to constitute a "series" for the purposes of Appendix A.
- 17.2 When fewer than six (6) Sets have been completed, a boat's series score will be the total of all of her race scores. When from six (6) to nine (9) Sets have been completed, a boat's series score will be the total of her race scores excluding her worst score. Notwithstanding the foregoing, however, a boat's scores from races in an incomplete Set shall not be counted. This changes rule A2.
- 17.3 Appendix A4.2 is changed to replace "number of boats entered in the series" with "the sum of the number of boats entered in the two largest divisions."

## **18 SAFETY REGULATIONS**

- 18.1 Each boat will be given a safety tag with a number at on-site registration. Each boat shall hang her safety tag by the corresponding number on the designated Safety Board at all times the boat is not racing or sailing to or from the sailing area. Prior to a boat's launching to race, the boat shall remove her safety tag from the Safety Board and carry the safety tag while racing and while sailing to or from the sailing area. Each boat shall hang her safety tag by the corresponding number on the Safety Board promptly upon returning from the sailing area each time each day and no later than the protest time limit at the end of a day's racing. If a boat loses her safety tag, the boat shall promptly notify the race committee.
- 18.2 A boat retiring from a race shall notify a race committee boat or safety boat before leaving the course, or notify the race committee immediately upon returning to shore.
- 18.3 Each competitor must have a whistle attached to his or her clothing at all times, from dock to dock. Competitors not complying with this requirement may be given a scoring penalty of five (5) points for each race in which they

have failed to comply with this instruction or if the infraction is not during a race, for the race prior to the infraction.

- 18.4 Each competitor must wear a US Coast Guard approved personal flotation device (PFD), properly secured at all times, from dock to dock, unless when temporarily adding or removing clothing.
- 18.5 There is no restriction on the use of waterways by vessels not associated with the regatta. Any attempt by a boat to exercise right of way, to cross in close proximity to, or to interfere with the reasonable transit of the race area by commercial freighters, tugs and tows, and other vessels which are unable to respond readily or which are bound by navigation restrictions will be grounds for a protest. If such a protest occurs, the burden of proof is on the boat allegedly interfering. Boats shall take evasive action well in advance of any potentially dangerous situation. Safety boats (identified by code flag numbers) may identify potentially dangerous situations if a boat is in or near the Toms River Channel. Boats shall obey a safety boat's instructions for a boat to avoid or leave that channel.
- 18.6 No boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers.

## **19 EQUIPMENT AND MEASUREMENT CHECKS**

- 19.1 Boats are allowed only one hull, daggerboard, rudder, (including tiller and extension) mast, boom, sprit, and sail during the regatta. Substitution of damaged equipment must be approved by the race committee as soon as practical.
- 19.2 Measurements will not be made at this regatta.

## **20 SUPPORT BOATS**

- 20.1 Coach boats are strongly encouraged to carry a working VHF radio, and monitor the race committee channel when possible, particularly in windy or threatening weather. All other team support boats shall stay clear of the race area at all times. Coach boats are required to follow the instructions of race committee, safety, and race management boats. Failure to follow such instructions may result in exclusion from the event. No coach or other boat shall tie up to or congregate around any aid to navigation, such as buoys or channel markers. Coach boats anchoring in the vicinity of the finish line shall anchor to windward and to starboard of the measurement boat.
- 20.2 Prior to the preparatory signal of a race, all coach boats shall vacate the starting area, remaining at least 100 yards from any boat racing. Coach boats shall keep wake to a minimum at all times.
- 20.3 In the event of a general recall, postponement or abandonment, coach boats may enter the starting area and vacate it before the preparatory signal is displayed.

## **21 ENVIRONMENT**

Discharge of drink containers, food wrappings and other trash into the water by competitors, support boats or race committee boats is prohibited.

## **22 PRIZES**

Trophies will be awarded up to 15 deep in Red, Blue and White and also Top Girl finisher overall. Depending on participation there may be fewer places awarded.

## **23 DISCLAIMER OF LIABILITY**

- 23.1 Competitors participate in the regatta at their own risk. See rule 4, Decision to Race.
- 23.2 The organizing authority and all parties involved with the organization of the event disclaim any and every responsibility whatsoever for loss, damage, injury, inconvenience or death sustained in conjunction with or prior to, during, or after the regatta that might occur to persons and goods, both ashore and at sea as a consequence of participation in the races covered by these sailing instructions.

# 2007 New Jersey State Optimist Championship

No. \_\_\_\_\_

Preliminary<sup>i</sup>  
**NOTICE OF RACE**

Island Heights Yacht Club is proud to run the 2007 New Jersey State Optimist Championship and is grateful to the Gilford Park Yacht Club for allowing for the use of its venue.

## 1. Date and Venue

The 2007 New Jersey State Optimist Championship will be held from June 25 through June 26, 2007. The venue will be Gilford Park Yacht Club, 700 Riverside Drive, Toms River, NJ, 08753.

## 2. Organization and Rules

2.1 The regatta will be organized by Island Heights Yacht Club and will be sailed under the "rules" as defined in the Racing Rules of Sailing (the "RRS").

2.2 The "class rules" for the purposes of the definition of "rules" are the International Optimist Dinghy Association Class Rules, subject to USODA's interim suspension until March 1, 2006, of class rules 3.3.6 and 3.4.6.<sup>ii</sup>

2.3 Racing Rules of Sailing A2 and 61.1A have been modified as shown below.

## 3. Eligibility

3.1 International Optimist Dinghies may enter by completing registration, paying all entry fees. There will be no measurement requirements, except that boats with the fiberglass tanks must have airbags inside the tanks.

3.2 The Red, Blue and White Fleet assignments will be based on the competitor's age on the first day of the regatta. Competitors must have been born on or after January 1<sup>st</sup> 1992.

3.3 This is an International Optimist Dinghy Regatta. There will be NO green fleet. Sailors entering their third year of Optimist sailing or greater are encouraged to participate.

3.4 Every sailor must register their affiliation with an on the water support boat, which could be a coach boat, parent spectator boat or sailing club instructor boat.

## 4. Registration; Entry Fees

4.1 Registration will be offered by mail. The standard entry fee will be US \$85.00, subject to the following additional late entry fees.

4.2 An additional fee of US \$15 will be charged for late registrations: (1) by mail received after June 1, 2007.

4.2 An additional fee of US \$25 will be charged for late registrations (1) by mail received after June 15, 2007

4.3 An additional fee of US \$35 for late registrations (1) received by the regatta host (regardless of when mailed) up to 24 hours before the racing. There will be NO on site registration.

4.4 Registration includes submission of a competitor's completed registration/medical consent form, waiver form and entry fee.

## 5. Format of the Regatta

5.1 There will be one fleet, the Championship fleet. Depending on the number of boats, the Championship fleet may be divided into divisions.

5.2 The Championship fleet will race Monday June 25 to Tuesday June 26, 2007. There will be no practice races on Monday June 26, 2007.

5.3 The Championship fleet will race in "Sets" of races between two divisions. A Set is a sequence of such races in which all divisions race in scored races.

## 6. Program

### 6.1 Championship Fleet

**Sunday**, June 24 1700 - 1900

Early boat drop off

**Monday**, June 25

0830 - 1000 Registration (no new registrations) and safety checks

0945 Coach & Safety boat meeting

1000 Skippers meeting

1045 Harbor Start

1130 Warning signal, first race  
Lunch on the water  
1630 No racing shall start after 4:30pm.  
Dinner following racing

**Tuesday, June 26**

0830 Skippers meeting  
0900 Harbor start  
0945 First warning signal  
Lunch on the water  
1500 No racing shall start after 3:00 pm  
Immediately following racing-awards

**6.2 Green Fleet**

**THERE IS NO GREEN FLEET AT THIS REGATTA**

## **7. Racing Venue**

The racing area for the Championship fleet will be the Wanamaker Course at the mouth of the Toms River. The exact location of the courses will depend on specific wind conditions.

## **8. Course**

The Championship fleet course will be the Optimist Trapezoid with a gate for the leeward mark.

## **9. Scoring**

9.1 The Low-Point Scoring System, RRS Appendix A, will be used.

9.2 The regatta for the Championship fleet will consist of up to 9 sets of races. The number of Sets may vary, depending on the number of divisions.

9.3 When fewer than six (6) Sets have been completed, a boat's series score will be the total of her race scores. When from six (6) to nine (9) Sets have been completed, a boat's series score will be the total of her race scores excluding her worst score. This changes RRS A2.

9.4 One (1) Set of races is required to complete a series.

## **10. Sailing Instructions**

Unofficial sailing Instructions will be available online after May 1st, and official sailing instructions will be available in the goodie bag. The sailing instructions distributed on-site will control over those online.

## **11. Protests**

In addition to the other requirements of RRS 61 for a valid protest, boats intending to protest for incidents in the racing area shall display a red flag at the time of the incident and shall do so until she is no longer racing.

These requirements amend RRS 61.1(a).

## **12. Personal buoyancy; Whistle**

12.1 Each competitor must wear a US Coast Guard approved personal flotation device (PFD), properly secured at all times while on the water, unless when temporarily adding or removing clothing. Failure to wear the PFD as required may result in a penalty up to and including disqualification.

12.2 While on the water each competitor must have a whistle attached to his or her clothing. Competitors not complying with this requirement may be protested, and if penalized may be given a penalty of five (5) points for each race in which he fails to comply with this requirement.

## **13. Safety**

It is the responsibility solely of the parent(s) or the adult representative of the sailor to decide if the child should sail in the weather and sea conditions that might arise during the event. Parents not personally attending any part of the event must ensure that another adult is prepared to make these decisions for their sailor. The sailing instruction will impose additional safety requirements. Among these will be a bow line of over 25 feet in length and at least one bailer.

## **14. Support boats**

14.1 Each support boat may be responsible for no more than ten (10) sailors. Registered support boats will be given a green flag to allow them in the corridor. Registered support boats may enter the corridor from the starting line to the finishing line, and their conduct shall be governed by the Sailing Instructions.

14.2 Safety boats will be identified with a yellow flag with a number from a staff, supplied by the Race Committee, at all times while on the water. Safety boats shall patrol the perimeter of the course.

14.3 All other volunteer boats must stay outside the course area at all times.

## **15. Measurement**

15.1 Competitors are allowed to use only one hull, dagger board, rudder (with tiller and extension), mast, boom, sprit and sail during the regatta. Substitution of such equipment shall occur only with the Race Committee's approval.

15.2 There will be no measurement other than no "Dumbo" sails will be allowed at the regatta. Each boat will pass a "safety check" prior to launching on the first day.

15.3 For the Championship fleet, there may be measurement on the water following each race. A number of boats may be spot checked after finishing the race according to the Sailing Instructions.

## **16. Liability**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers (organizing authority, race committee, protest committee, host club, sponsors, or any other organization of official) will not be responsible for damage to any boat or other property or the injury to any competitor, including death, sustained as a result of participation in this event. By participating in this event, each competitor agrees to release the race organizers from any and all liability associated with such competitors participation in this event to the fullest extent permitted by law. A waiver must be signed by all competitors and their parent/guardian.

## **17. Trophies**

Championship fleet: Fifteen (15) deep in each red, blue and white fleet, ten (10) deep overall, top three female sailors.

## **18. Team Trials Qualification**

This regatta is not a 2007 USODA Team Trials Qualifying event.

## **19. Additional information**

For additional information please contact Skip Swikart at [swik3@aol.com](mailto:swik3@aol.com).

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<sup>i</sup> This Notice of Race may be amended from time to time without notice; however, competitors may rely on the basic information in this Preliminary Notice of Race.

<sup>ii</sup> Class rules 3.3.6 and 3.4.6 are as follows:

3.3.6 Daggerboards presented for first measurement between 1 March 2004 and 28 February 2005 may conform to either the above rules, or the rules valid before 1 March 2004. Daggerboards presented for first measurement from 1 March 2005 shall conform to the above rules. Daggerboards used at the 2006 and later IODA World Sailing Championships shall conform to the above rules. Daggerboards used at the 2007 and later IODA Continental Championships shall conform to the above rules.

3.4.6 Rudders presented for first measurement between 1 March 2004 and 28 February 2005 may conform to either the above rules or the rules valid before 1 March 2004. Rudders presented for first measurement from 1 March, 2005 shall conform to the above rules. Rudders used at the 2006 and later IODA World Sailing Championships shall conform to the above rules. Rudders used at the 2007 and later IODA Continental Championships shall conform to the above rules.

# 2007 New Jersey State Optimist Championship

Island Heights Yacht Club at the Gilford Park Yacht Club  
Toms River, NJ

No. web site

## Registration Form

**MUST BE RECEIVED PRIOR TO June 1 OR LATE FEE WILL APPLY**

Skippers Name: \_\_\_\_\_

Street/Box Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Club/Association/Team: \_\_\_\_\_

Parent Name(s): \_\_\_\_\_

Sail #: \_\_\_\_\_

T-Shirt size (circle one): XS S M L XL XXL Fleet (circle one): Red Blue White

Adult responsible at event: \_\_\_\_\_ (may be filled in at check-in)

Relationship: \_\_\_\_\_ Phone Number at Event: \_\_\_\_\_

WAIVER OF LIABILITY: In consideration of the Island Heights Yacht Club and Gilford Park Yacht Club allowing my child to participate in the above named event, I recognize and understand that the regatta is voluntary in nature and participation is at the invitation of the event host and organizer. I recognize that my child incurs risks attendant to sail and water-related activities, and I fully agree to waive any and all claims, charges, losses and liabilities including those caused by negligence, against the Gilford Park Yacht Club and Island Heights Yacht Club, their respective officers, trustees and members, and against any and all volunteers, parents, participants, or others, which may arise from, or in any way be in connection with, the practices or activities of the regatta and its organizers. : I am aware that the activities may involve maneuvering a boat, sailboard, or other watercraft on deep waters in potentially hazardous conditions which may include among other things, cold water temperature, strong winds and high waves, sudden and unexpected immersion in deep waters and collision with other watercraft or stationary objects such as docks, pilings, and buoys. I understand that I am responsible for the actions of my child while he or she may be participating in the regatta and on the grounds of the event host. I also agree to be bound by the racing rules of the ISAF, US SAILING and by all other rules which govern this event.

Parents Signature: \_\_\_\_\_ Date \_\_\_\_\_

Skippers Signature: \_\_\_\_\_

Entry Fee: \$85.00

Late Entry Fee **\$100.00** [received between June 2 – June 14] **\$110** [after June 14] **\$120** [on June 23-24-25]

**Total enclosed: \$** \_\_\_\_\_ **Date Mailed:** \_\_\_\_\_

Mail completed forms\* with check made out to Island Heights Yacht Club to:

NJ States c/o Skip Swikart 22 Sailers Way, Rumson, NJ, 07760

\* *Medical Consent Form Also Must Be Completed and Returned to Complete Registration*

Paid Ck# \_\_\_\_\_ Bank \_\_\_\_\_ Deposit Date \_\_\_\_\_

**MEDICAL CONSENT FORM**

**2007 New Jersey State Optimist Championship**

Name of Participant (printed): \_\_\_\_\_

Name of Parent or Guardian (printed): \_\_\_\_\_

In the event of accident or injury to myself, my spouse or any child of mine (specifically including my child named above as "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Gilford Park Yacht Club or while participating in any activity sponsored by or under the auspices of said Club or the Island Heights Yacht Club under any circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to myself, my spouse or any of my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.

2. I authorize any officer or member of the Island Heights Yacht Club or the Gilford Park Yacht Club to consent to such medical care, attention or treatment.

3. I agree to pay the reasonable cost of such medical care, attention or treatment and to indemnify and hold free and harmless of and from any and all liability for such cost the Island Heights Yacht Club, the Gilford Park Yacht Club, the United States Optimist Dinghy Association and its officers and members thereof, and the United States Sailing Association and its officers and members thereof.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist licensed under the provisions of the State Education Law and/or Public Health Law of the State and on the staff of any hospital holding a current operating certificate issued by the State Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power to render care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

In case of emergency call:

NAME: \_\_\_\_\_

RELATIONSHIP: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Physician who conducted participant's Most Recent Physical Exam:

NAME: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

DATE OF LAST EXAM: \_\_\_\_\_

HEALTH INSURANCE CARRIER: \_\_\_\_\_

INSURANCE ID NUMBER: \_\_\_\_\_

Signature of parent or guardian: \_\_\_\_\_

Date: \_\_\_\_\_

MEDICAL AND EMERGENCY INFORMATION

Name of Skipper: \_\_\_\_\_ SEX: (M) \_\_\_\_\_ (F) \_\_\_\_\_

Address: \_\_\_\_\_

Street / P.O. Box: \_\_\_\_\_

City: : \_\_\_\_\_

State/Province / Zip / Postal Code / Country: \_\_\_\_\_

Phones: (B) \_\_\_\_\_ (R) \_\_\_\_\_

Date of Birth: \_\_\_\_\_

PLEASE answer the following questions as accurately and completely as possible:

Please check those that apply: (Provide details below, as appropriate):

- ASTHMA, OR OTHER RESPIRATORY PROBLEMS
- BEE STINGS/INSECT BITES
- CIRCULATORY OR HEART PROBLEMS
- CHRONIC ALLERGIES
- DIABETES OR HYPOGLYCEMIA
- EPILEPSY
- FOODS
- HEMOPHILIA, OR OTHER BLEEDING PROBLEMS
- OTHERS, IF SIGNIFICANT (describe below)
- MEDICATION

DETAILS / COMMENTS:

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DATE OF LAST TETANUS SHOT: \_\_\_\_\_ BLOOD TYPE: \_\_\_\_\_

**THIS FORM MUST BE COMPLETED AND SUBMITTED BY OR FOR ALL PARTICIPANTS**

IHYC Use only:

Reviewed by: \_\_\_\_\_

Date Complete: \_\_\_\_\_